













Solitary bees live and work on their own or in a very small group. They do not produce honey but only make enough food for themselves and their larva. Most of them are harmless except a few.



Carpenter Bees

Like their name suggest, they like to make their nest in anything wood.

Mason Bees

These bees like to make their nest in soft cement of buildings and there is little threat of being stung by them.

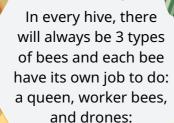
Sweat Bees

Also known as 'Alkali bees", they are fascinated at the perspiration of humans and other animals.











The queen,

is the largest bee and survives the longest. She is responsible for laying and fertilising eggs for the next generation of bees.

Fun fact:

A queen bee can live up to five years.

are all female bees and their job is to hunt for food, build, take care and protect the hive.

The worker bees

The drones are all male bees and their

role is to eat and mate with the queen bee. After mating, the drones will die and those who did not mate will get chased out of the hive before winter arrives.

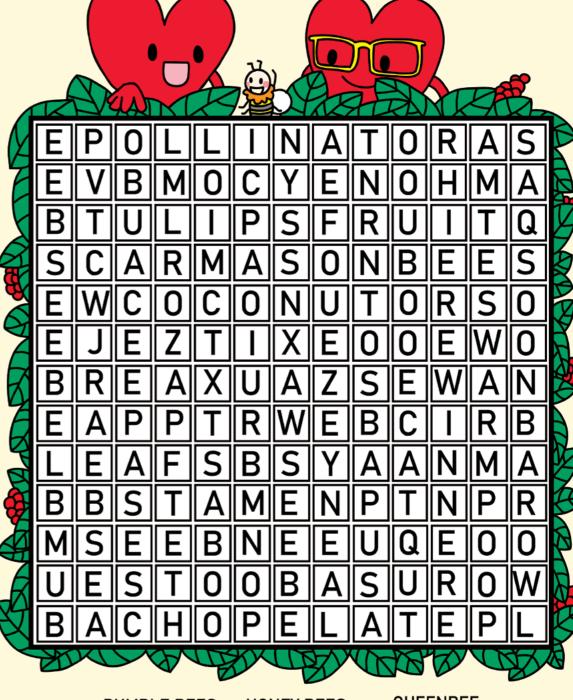


https://www.beepods.com/101-fun-bee-facts-about-bees-and-beekeeping/ https://plantedwell.com/types-of-bees/

https://agdev.anr.udel.edu/maarec/honey-bee-biology/the-colony-and-its-organization/



Can you find all the words related to bees? (Check our hints below!)



BUMBLE BEES

HONEY BEES

QUEENBEE

MASON BEES

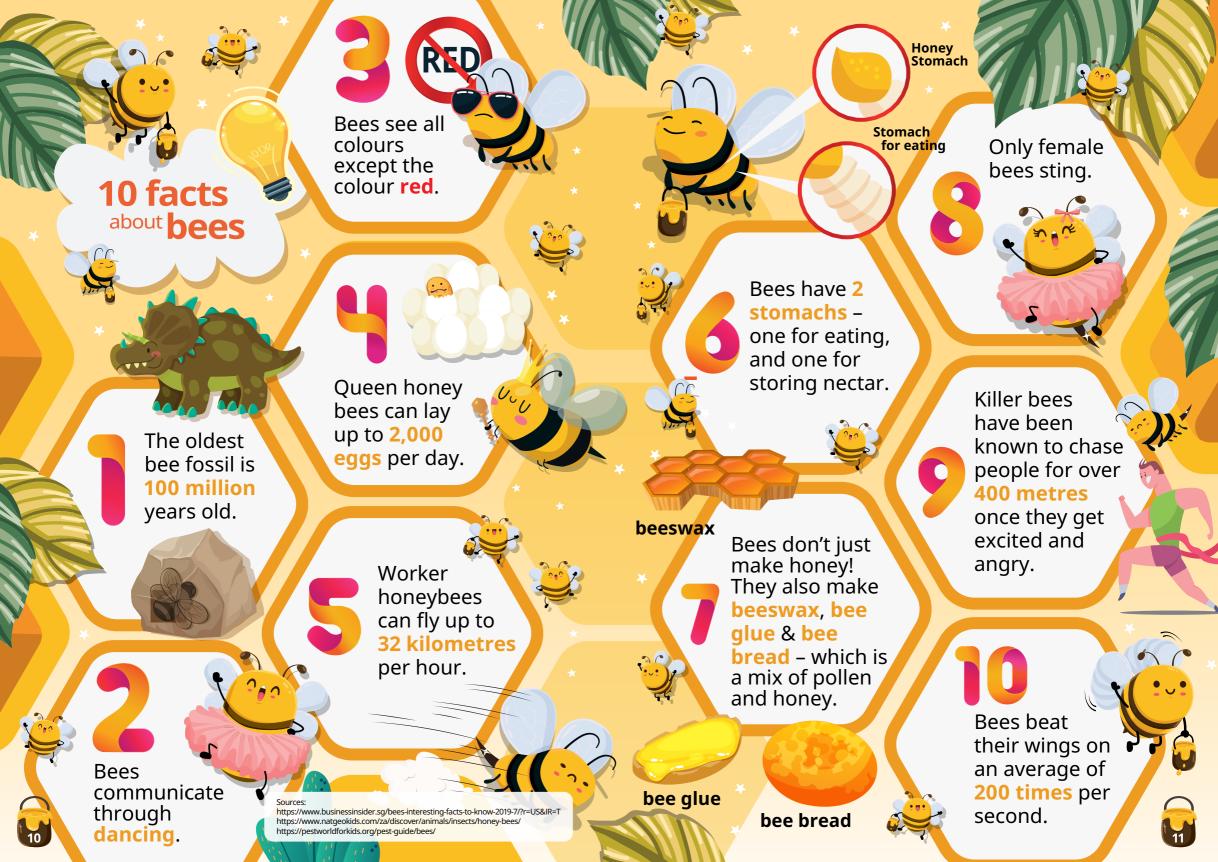
SWARM

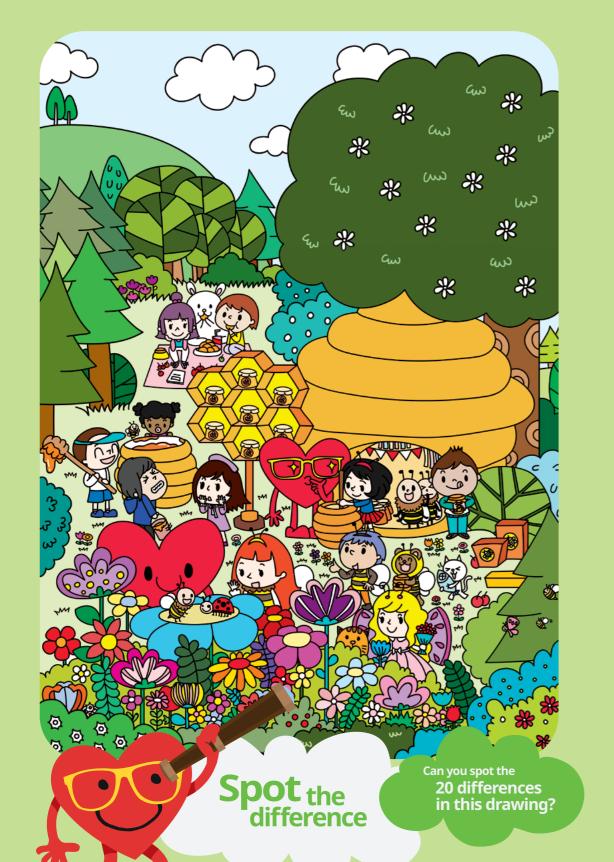
POLLINATOR

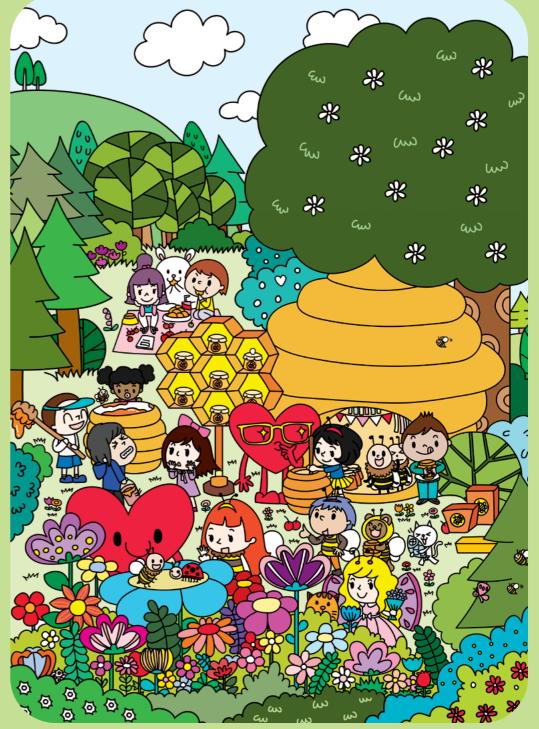
SWEAT BEES

HONEYCOMB

BEESWAX







Send in your answers with your name, Smålish passport number, age, address and contact details to sara@smales.com.my or smales, No.2, Jalan PJU 7/2, Mutiara Damansara, 47800 Petaling Jaya, Selangor by 12 June 2020. 30 lucky winners will each win a set of KALAS Plate, multicolour.







Everyone thinks sleep is not important. But it is, whether you are young or old! This day was created to remind everyone of the importance of it!

Research has given us five great reasons why we need to have enough sleep every day:

Concentrate and learn better - Sleep helps the brain remember new things through a process called memory consolidation. You won't want to forget what you've learnt in school right?



It helps our appetite and how our body breaks down the food we've eaten. With enough sleep and healthy eating, we should not gain weight that easily.



a better mood.

patient and definitely

have the energy to do

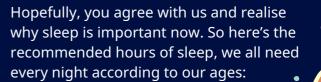
things that we like.

We'll be safer as we won't fall asleep during the day and make careless mistakes which might cause falls, medical errors, or even road accidents.



It helps reduce the risk of health issues such as stress and cancer. Sleep gives our body a chance to repair and restore our organ systems.





0 - 4 years old Need around 11 to 14 hours

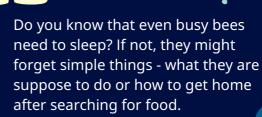


5 - 12 years old **Need around** 9 to 11 hours



13 - 19 years old **Need around** 8 to 10 hours









https://www.health.harvard.edu/press_releases/importance_of_sleep_and_health https://www.sleepfoundation.org/articles/why-do-we-need-sleep





Last issue's theme:

It's a perfect day for a picnic. The sun is out and the flowers are blooming.

Everyone is enjoying their food when suddenly an unexpected guest arrives.

Who do you think it is?

Sara and Bugbug are a taking a walk in the forest. Half way through the trail, Sara catches a whiff of something sweet. With his trusty nose, Sara and Bugbug follow the scent.

The scent led them a little deeper into the forest. It was a long and tiring journey. However, the sweet scent was too tempting for them to give up. After an hour of walking, they finally reached an enchanted land in the forest. There, they saw the source of the sweet scent. Alice and her wonderland friends were having a party.

Right in the middle, was a huge FALHOLMEN outdoor table laid with various yummylicious goodies. First, they spotted tall, white vanilla ice cream cake, topped with soft jellybean crisp chocolate chips, colourful M&Ms, almonds, raisins and cashew nuts. Sara and Bugbug took a deep sigh and then scanned the rest of the delicacies.

They could see clean white IKEA FLITIGHET bowls and plates filled with KAFFEREP cookies with chocolate or raspberry filling oat biscuits and cinnamon buns. Followed by VINTERSAGA saffron rolls, PANNIKAKOR pancakes, SOTSAK SKUMTOPP soft marshmallow pastries, BASTISAR pasta, SKORPOR FULLKORN whole grain crisp rolls, MUNSBIT fruit snacks, VAFFLOR waffle MARABOU milk chocolate rolls and PAJOST cheese pies. To to it all off, there was a LORDAGSGODIS counter. It was set up with crystal clear VARDAGEN glass jars that contained a variet of candy treats, to boost the sugar rush.

Not forgetting the DRYCK PARON assorted fruit juices which were ready to help wash the food out. There was also the magnificent rainbow coloured IKEA KALAS kids plastic BPA free flatware, bowl, plate and tumbler set which were stacked by the side of the table for the buffet. Furthermore, some SVALLERUP flat woven outdoor rugs were thrown around for the picnic party. Last but not least, the whole place was lit up with twinkling STRALA, VISSVASS and LEDFYR LED lighting chains and clourful balloons. In a nutshell, it was a sight to remembe

Sara and Bugbug were awestruck and stunned at the magical moment that they were taken back when Alice greeted them. After introductions, Alice invited them to the party and they were more than happy to join in. "The more, the Merrier!" Alice cried out aloud. Then, everyone started singing "The more we get together, the Merrier we'll be." It was an amazing party and together they celebrated the

Sara and Bugbug are taking a walk in the forest. Half way through the trail, Sara catches a whiff of something sweet. With his trusty nose, Sara and Bugbug follow the scent. Where do you think they ended up at?

Tejeshvar Jaganathan, 8 years old

Last issue's theme:

Best Letter

> It's spring! Sara and Bugbug are taking a walk in the forest. Half way through the trail, Sara catches a whiff of something sweet! With his trusty nose, Sara and Bugbug follow the scent to a house, a house made out of flowers! They are roses, lilies, sunflowers and many, many more.

"Wow! That's awesome! I wonder who built it!" cried Bugbug in amazement. "Knock! Knock!" "Knock! Knock!"

All of a sudden, a giant squirrel popped out from the house. "Hi guy! How can I help you?" said the squirrel joyfully.

"Can you teach us how to build a flower house like yours?" asked Sara hopefully. "Please?" added Bugbug.

"No problem! We'll have to collect many flowers first!" said the squirrel.

After that, they built the most enormous flower house in the world!

"Wow! That smells great!" said Sara and Bugbug together.

Time flies, and so they head home feeling as happy as a lark

They gave the house to the other forest animals as a gift.

"We'll always come to visit next time!" said Sara.

"Bye!" cried the squirrel.

Audrey Lin Yi Rei, 11 years old

Phua Jing Rou, 11 years old



Summer is here again! The weather is getting too hot for Sara and Bugbug to stay at home. What do you think they decided to do to cool down?

Include your name, age, Smålish passport number and address, and send your drawing to sara@smales.com.my or smales, No.2, Jalan PJU 7/2, Mutiara Damansara, 47800 Petaling Jaya, Selangor by 12 June 2020. 2 lucky winners will each win a set of ANGALÄGEN Box, Multicolour.

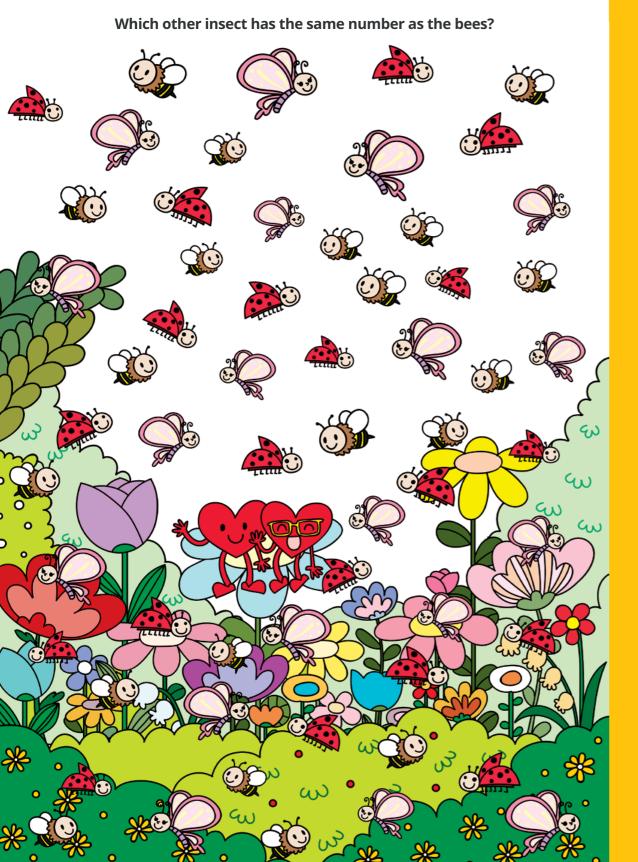
Jasmine Teo Hui Yin, 10 years old



Sara and Bugbug are on a camping trip and have just returned from the stream near their campsite. It's time to cook their dinner but when they open up their tent they were shocked. What do you think happen?

Include your name, age, Smålish passport number and address, and send your letter to sara@smales.com.my or smales, No.2, Jalan PJU 7/2, Mutiara Damansara, 47800 Petaling Jaya, Selangor by 12 June 2020. 2 lucky winners will each win a LUSTIGT Tag game with vest and balls.







Fill the page up with drawings of as many different types of bees.

